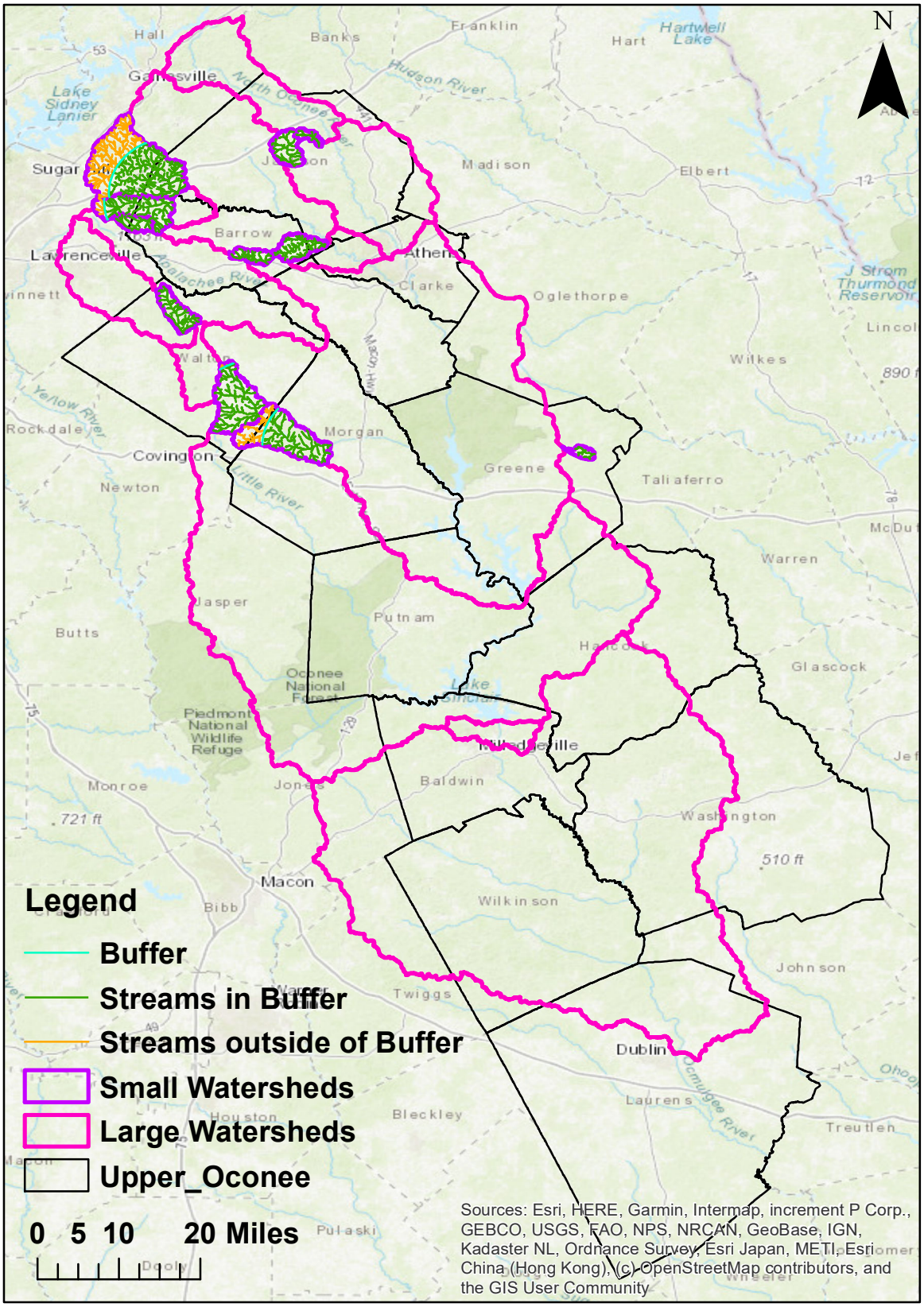Upper Oconee