Growing Health Foods, Farms & Families
Dave Larkworthy, 5 Seasons Brewing
Atlanta, Georgia
Daniel Parson, Gaia Gardens
Decatur, Georgia
What is Sustainable Food?

• Enhances Human Health & Nutrition
• Protects the Environment
• Reduces Food Miles & Energy Use
• Builds Community
• Supports Local Economies
• Preserves Farmland
• Boosts the Viability of Small Family Farms
modern agriculture and product distribution
the natural cycle
Depersonalization of our Foods & Farms
Feed the Soil
Large Scale Composting
Vermiculture
Food Scraps
Community-Based Food

- Institution
- Workplace
- School
- Gas Station
- Catered Meal
- Restaurant
- Food Bank
- Grocery
- Farm Stand
Farmers’ Markets
CSA’s
Development Projects
Farm to School
Farm to Institution
Community Gardens
Faith & Food

Holy Comforter Church
East Atlanta, Georgia
2008 Plan

1. GROWER EDUCATION
2. PARTNERSHIPS & POLICY
3. COMMUNITY FOOD SYSTEMS
Atlanta Local Food Initiative
A Sustainable Plan for Atlanta’s Food Future

GOALS and OBJECTIVES for the NEXT 5 YEARS

Supply
- Increase sustainable farms, farmers and food production in Metro Atlanta.
- Expand number of community gardens.
- Encourage backyard gardens, edible landscaping, and urban orchards.

Consumption
- Launch Farm-to-School programs (gardens, cafeteria food, and curriculum.)
- Expand cooking skills for simple dishes made from fresh, locally grown foods.
- Develop local purchasing guidelines and incentives for governments, hospitals and Atlanta institutions.

Access
- Increase local, fresh food availability in underserved neighborhoods.
- Increase and promote local food in grocery stores, farmers markets, restaurants, and other food outlets.

http://www.georgiaorganics.org/Files/Plan_for_Atlanta_Sustainable_Food_Future.pdf
Cultivators of the earth are the most valuable citizens. They are the most vigorous, the most independent, the most virtuous, and they are tied to their country and wedded to its liberty and interests by the most lasting bonds.

—Thomas Jefferson